

Bill and Pam Farrel

Red Hot Romance

Romance, like summer days, really can be red hot. In our book, *Red Hot Monogamy*, we give a list of over 200 red hot romance ideas sure to make your intimate life sizzle. So if you want to make the temperature rise on your love life as the thermometer climbs this August, try one of these red hot romance ideas:

- If you hear “your song” on the radio, simply call his/her cell and hold your phone up to the speaker and let the song do the romancing.
- Create a photo postcard of the two of you and on the backside, write a thank you for that special memory and an invitation out to another romantic activity
- Recreate your first date. If you can still fit into it, wear the same clothes, if not, at least go to the same places.
- Check a book out of the library or buy a book of love poems. Sit in front of the fire pit or at the beach in each other’s arms and take turns reading poems to each other.
- Create a mail box for love notes: place it in your bathroom, on the kitchen table, etc and exchange love mail. A traditional mailbox is nice because it has a red flag you can put up to signal “You’ve got mail!”
- Use everyday items to send a unique set of messages, The title of a candy bar with a note that says, “You are a “Big Hunk” of Burning Love , or I’ “Red

Hot: for your love. See if you can work in all kinds of items: shaving cream, deodorant, perfume, cereal (You are my “Life, etc.)

- Use a magazine cover like Time’s Person of the Year and scan in your spouse’s picture. Or use Glamour or GQ or other magazine with catchy headlines but replace the model with a picture of your mate.
- “Kidnap” your spouse from work or other responsibility—like in the middle of mowing the lawn—and blind fold them and take him/her to a romantic rendezvous. (You might clear this with the boss or show up at the end of the work day—just don’t get your spouse fired—that would definitely ruin the mood).
- Have dinner someplace different in your home: in front of the fire place, on the rooftop, on the patio or balcony out back, in the attic, under the tree in the back yard, etc.
- Leave love notes between pages of a book or magazine your mate is reading.
- Make a public statement of your love. Rent a billboard, hand a sheet or banner over the freeway overpass, make a banner for the garage door, write in chalk on the driveway, paint it on a wall that you are going to be repainting anyway.
- Look at your wedding album and talk about what first attracted you to your mate.
- Kiss every time you see something specific (at green lights, when you spot a fire hydrant, anytime you see your favorite flower, or hear your favorite song.)
Dave and Claudia Arp, marriage specialist kiss when they see a body of water.

We kiss on every elevator we find ourselves alone in and we kiss and dance after we push the elevator button and are waiting for it to arrive.

- *How do I love thee, let me count the ways*: Write on a set of index cards all the reasons you love your spouse; make a paper chain of her or his best qualities; bring one flower for each positive trait you want to recount and bring them in one at a time to her as you verbally list off what makes your heart sing.
- Opposites attract: For one day, flip roles. If he usually drives, then let her. If she usually cooks, then let him.
- Learn to do something your mate loves (the rules of football; how to golf; fly fishing; how to find a great antique or quilt, etc)
- Place romantic cards through the house, or use the house for some play on words. On Christmas Bill woke up to signs that read things like, “You are my CUP of tea”; “I love to STAIR at you!” “You’ve opened the DOOR to my heart.”

All you need to do to make romance red hot is to take time to notice your mate and thank him or her creatively for being in your life. Nothing makes the sex life sizzle like knowing you are valued and appreciated.

Bill and Pam Farrel are the authors of *Red Hot Monogamy*, and are featured guests on *Focus on the Family* radio this month. To hear the interview, www.Fotf.com. For marriage conferences where the Farrels are speaking, or to order *Red Hot Monogamy*, see www.farrelcommunications.com

